

8 Steps to Finding the Work You Love

Many people ask me how they will know if they are in the right profession. Read on, then decide for yourself.

1. INTENTION

Do you know what you want? Can you state it clearly without reservation? 3 key characteristics:

- You must be able to clearly state your intentions.
- It must work for you (it must feel right).
- If you can articulate it – it can happen!

Test: Your Product, Project or Service can be stated clearly enough to lead to a specific plan of action.

2. PEACE

Are you at peace with what you are doing? Is your conscience clear, with no internal discrepancies?

Test: It feels peaceful and right.

3. MOBILIZATION

Your energy is mobilized and focused. You have a clearly defined purpose and feel good about what you're doing. If your goal is right, the habits you need to practice to acquire the necessary skills should flow easily and naturally.

Test: You are self motivated to develop an internal sense of discipline to do what you need to do to get the job done. (*Discipline:* the ability to keep going when the thrill is gone.)

4. VISION

Be open to new possibilities – don't limit your options. Your vision may need to be refined to make your dream a reality.

Test: You are so interested in a positive outcome that you are willing to change your behavior if your current methods are not working.

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5. AWARENESS

Inner awareness is a critical component, because it allows you to see in a new way. Alternately called the feminine side, the right side of the brain, or intuition, this part of us allows reality to speak to us through dreams, hunches and feelings. This then leads to a willingness to be open to a different way of working. It is quiet, non-intrusive and reflective.

Test: Do you take time to allow new ideas and thoughts to come to you by being still and listening?

6. TIME MANAGEMENT

Effective people manage their time just as well as they manage their money. To be effective in this area you must be clear about your goals, and clear that managing your time well is a fundamental requirement.

Test: Do you have clearly defined goals and deadlines, and do you achieve your goals on time, with grace and ease?

7. SPIRITUAL ALIGNMENT

Have you consciously asked Spirit, the Source, God or a higher power for guidance? Do you see that your work is part of a greater work? Are you open to receive guidance from a source greater than yourself?

Test: You regularly find a time and place to receive guidance and direction for your work.

8. GLOBAL FOCUS

Will this project or work benefit the future of the planet? Will it benefit our children's children? Is it in harmony with people and our environment?

Test: Your project is sustainable for 7 generations and works for the benefit of all humanity.

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